

Fleet and Family Support Center Programs July 2012

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2	3	4 Independence Day Holiday	5	6	7
8	9 Transition Assistance Program 5-Day Class Begins, 0800-1530 Effective Fatherhood, 1100;	10	11 Effective Fatherhood, 1100; Combat Adjustment, 1600	12	13	14
15	16 Effective Fatherhood, 1100;	17 SMOOTH MOVES 1000-1200	18 Effective Fatherhood, 1100; Combat Adjustment, 1600	19 SAPR Victim Advocate Recertification, 1000-1200	20 NMCRS Budget for Baby; Call Navy- Marine Corps Relief Society for class time and to sign up (228- 871-2610).	21
22	23 Effective Fatherhood, 1100;	24 Command Financial Specialist 4-Day Training Begins, 0800	25 Effective Fatherhood, 1100; Combat Adjustment, 1600; I.A. Family Gathering, 1600	26	27	28
29	30 Effective Fatherhood, 1100;	31 Stress Management, 0830-0930	<p>“Parenting” and “Anger Management” classes are always available; call Paula at 871-3457.</p> <p>Coming in August: Welcome to the Mississippi Gulf Coast/New Navy Spouse Training. Call Paula at 871-3457 for info.</p>			

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Please call Fleet and Family Support Center at 228-871-3000 to pre-register.

Anger Management, **by appointment**, call Paula Ingram at 871-3457.

Combat Adjustment Program, *Each Wednesday, 1600-1730*. Call Sarah Hopper at 228-871-3000 to sign up. This 6-session class discusses stress reactions to combat.

DVIP (Domestic Violence Intervention Program), *Tuesdays at 1600*. Call Jim Soriano to sign up in advance at 228-871-3000. Designed to help end partner-on-partner abuse. NOTE: DVIP for WOMEN is available at a separate time; call Paula at 228-871-3000 for information.

Effective Fatherhood, *Mondays and Wednesdays at 1100*. This is an on-going series for men and any father is invited; call Jim Soriano at 871-3000 for more information and to sign up. Attendees are welcome to bring a lunch and eat during the class.

Individual Augmentee Family Gathering, *25 July, 1600-1700*. Provides support/information to families of Individual Augmentees. Call Paula or Jean at 871-3000 for information.

NMCRS Budget for Baby, *20 July*, Call Navy-Marine Corps Relief Society at 871-2610 to sign up and obtain class time.

Parenting Class, **by appointment**, call Paula Ingram at 871-3457.

Resume Writing Class, *10 July, 1300-1500*. Covers the basics of writing a positive, attention-grabbing resume. Call Jeff at 871-3000 for information.

Sexual Assault Prevention and Response (SAPR) Victim Advocate Recertification, *19 July, 1000-1200*, meets Advocate requirements to stay updated.

Smooth Moves, *17 July, 1000-1200*. Essential for anyone planning to PCS in the next 6 months, this class covers paperwork and entitlements as well as other items of interest regarding the move.

Stress Management, *31 July, 0830-0930*. Covers basics of appropriate stress management. POC is Paula Ingram, 871-3457.

Transition Assistance "TAP" Class for Separates and Retirees, *9-13 July, 0800 Daily*. For members separating or retiring, this class covers job-hunting skills as well as "need-to-know" items relevant to leaving the service. Members must be enrolled by their Command Career Counselors.